

SHEFFIELD School of the Dance

Join us for a **Ballet & Contemporary Boot Camp Summer Intensive!**
(Intermediate/Advanced Level Dancers)

Instructed by Master Teacher, International Award Winning Choreographer,
Professional Dancer with First City Dance Theatre & Sheffield Studio Director,
THERESA NOLETTO-HUTCHINS.

CONTEMPORARY & BALLET BOOT CAMP

4 Day Intensive! • July 25-28, 2016 • West Mobile Location

DAILY SCHEDULE:

Ballet Technique: 2:00 – 3:30 pm. Pointe: 3:45 – 4:30 pm

Strengthen/Stretch / Turns & Jumps 4:45 – 5:30 pm

Contemporary: 5:30 – 6:30 pm

4 Day Rate: \$165.00 • Daily Rate: \$45.00

Required items: Yoga mat, yoga blocks, stretch bands, ballet & pointe shoes, Pirouette contemporary shoes or jazz shoes.

Please cut below line and mail in Registration Form.

SIGN ME UP FOR BOOT CAMP! – REGISTRATION FORM

Name of Dancer: _____

Address: _____ City/State/Zip _____

Parent/Guardian: _____

Contact: Home _____ Cell _____

Email Address: _____

Amount Paid: \$ _____ (Please make checks payable to Sheffield School of the Dance)

Mailing Address: Sheffield School of the Dance • 1901 Dauphin St • Mobile, AL 36606

251.479.3926 (Main Office) 251.404.0967 (Theresa Noletto-Hutchins) www.sheffielddance.net LIKE us on Facebook!



